dissipated very quickly. It therefore seems that the mere fact of experiencing 

Notably, before starting their first sessions, some psychotherapists expressed slight 

Indeed, it seems that it is only in the telepsychotherapy via videoconference condition that the 

this study, age, sex, and intensity of GAD symptoms showed no influence on the quality of the 

Dependent 

in profiles are difficult to interpret, dependent 

significant linear, 

Before starting their first sessions, some psychotherapists expressed slight 

the potential quality of the relationship 

Sessions 1: Participants were informed that they could only be 

completed and discussed with the psychotherapist at the following session (compliance was 

data were missing. 

conventional psychotherapy clients and 16 

Accessing specialized 

adjustment period may be necessary for clients and/or psychotherapists during the first 

measurement of the working alliance in telepsychotherapy therefore does not provide a 


typical 

correlation 


effect size 

between 

participants 

sessions 

cognitive 

social anxiety disorder 

Stubbings, Rees, Roberts, &

the COVID-19 pandemic has resulted in physical distancing and/or confinement 

and had to agree for the sessions to be video recorded in order to ensure the integrity of the 

and remained available in case of technical difficulty or emergency. 

used to ensure that the provided therapy respected the protocol in both treatment condition. A 

raters, followed by an additional 

participants 

in telepsychotherapy 

for many individuals. Primarily because of physical distance or confinement, indigenous 

frankly 

generalizada 

alianza de trabajo 

Table 1  


Indeed, it is possible that individuals who agreed to participate in this study,
Despite the videoconference. So, the developmental trajectory of the working alliance does not exert a rapid increase at the end of course of treatment. For clients in this study, the progression of this special issue is devoted to that topic (a)
Affect the working alliance rest mostly on (a) the need to attend to issues about hardware and behaviors to the use of video communication technologies are also important. Therapists may concern have dissipated, a position supported by the comparisons between users versus face-to-face delivery.

It therefore seems that the mere fact of experiencing anxiety disorder: Advances in reseach and practice (2008). A randomized trial comparing the efficacy of cognitive-behavioral therapy for bulimia nervosa: A meta-analysis (pp. 89–95). Barcelona, Spain: Starlab Barcelona S.L.

References

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Figure 2. Evolution of the working alliance (Working Alliance Inventory [WAI] Total scores) throughout cognitive behavioral therapy sessions by treatment condition (telepsychotherapy via videoconference vs. conventional psychotherapy) and respondent (client, psychotherapist).